

# CERTIFICATE OF COMPLETION

DELIBERATE COACHING: DIAGNOSTIC. PREDICTIVE. ADAPTIVE

**STEPHANIE FISHER**

participated in The Complete Combatant's 3 Day Deliberate Coaching Instructor Certification Program. Deliberate Coaching covers physiological, psychological, and technical aspects of client development. Identifying and understanding the shooters learning style and more importantly, their blind spots. Predictive analysis through posture, speech, body language, and goal setting. Adaptive drill development with measurable results. Curriculum development through deliberate practice and focused methodologies. Understanding of biology under stress and how to enhance performance.



Brian Hill of The Complete Combatant  
July 21<sup>st</sup>, 22<sup>nd</sup> and 23<sup>rd</sup>, 2023

